

# KS3 Website Curriculum Overview 21/22



|               | Autumn 1  | Autumn 2   | Spring 1   | Spring 2  | Summer 1  | Summer 2   |
|---------------|---|--|--|---|---|--|
| <b>Year 7</b> | <b>Health and Wellbeing</b><br><br><b>Transition and safety:</b><br><br>Transition and Change<br>Changing friendships and respect<br>Toxic friendships  | <b>Relationships</b><br><br><b>Diversity:</b><br><br>Diversity and prejudice<br>Stereotyping and Racism<br>Bullying  | <b>Living in the wider world</b><br><br><b>Internet Safety</b><br><br>Internet Safety (social media)   | <b>Health and Wellbeing</b><br><br><b>Physical Health and Changing Bodies:</b><br>Puberty (Physical and Emotional changes) (FGM)<br>Physical Hygiene  | <b>Living in the wider world</b><br><br><b>Financial decision making:</b><br><br>Saving money<br>Budgeting<br>Financial choices                     | <b>Relationships</b><br><br><b>Building Relationships:</b><br><br>Self-worth and self-esteem<br>Romantic relationships<br>Boundaries<br>Sexual harassment                          |
| <b>Year 8</b> | <b>Relationships</b><br><br><b>Discrimination:</b><br><br>Respect<br>Discrimination in all its forms (diversity, inclusion, equality, prejudice, homophobia, transphobia)<br>Equality Act, 2010 | <b>Health and Wellbeing</b><br><br><b>Drugs and alcohol:</b><br><br>What is mental health?<br>Drug and alcohol use<br>Smoking/Vaping   | <b>Living in the wider world</b><br><br><b>Digital Literacy</b><br><br>Digital literacy (x5 lessons)<br>Online gambling/addiction                          | <b>Health and Wellbeing</b><br><br><b>Emotional Wellbeing:</b><br><br>Mental health<br>Improving emotional wellbeing<br>Body image<br>Self-harm and eating disorders<br>Stress<br>Peer pressure | <b>Living in the wider world</b><br><br><b>Careers and work</b><br><br>Career options<br>Skills and qualities<br>Career's support                   | <b>Relationships</b><br><b>Identity and Relationships:</b><br><br>Gender identity<br>Nude photographs<br>Introduction to contraception<br>Teenage pregnancy                        |
| <b>Year 9</b> | <b>Relationships</b><br><br><b>Respectful Relationships:</b><br><br>Respect<br>Families: long term commitments<br>The legal status of marriage<br>Parenting<br>Managing conflict                | <b>Health and Wellbeing</b><br><br><b>Peer Influence:</b><br><br>Healthy and unhealthy friendships<br>Gangs and antisocial behaviour<br>Knife crime<br>Young offenders<br>Safeguarding mental health during periods of change (anxiety and stress) | <b>Living in the wider world</b><br><br><b>Employability skills:</b><br><br>Employability and online platforms/ presence<br>Preparation for KS4<br>Options | <b>Health and Wellbeing</b><br><br><b>Healthy Lifestyle:</b><br>Diet and exercise (inc. energy drinks)<br>Sleep<br>Lifestyle balance<br>First Aid<br>Personal Safety                            | <b>Living in the wider world</b><br><br><b>Extremism and radicalisation</b><br><br>Belonging in communities (extremism, radicalisation and the law) | <b>Relationships</b><br><br><b>Intimate Relationships:</b><br><br>Sex and consent<br>Attitudes to pornography<br>Contraception and STIs<br>Sexual Health (where to go for support) |

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