



WEEKLY BULLETIN

Spring Term 3
Friday 19th April 2024

Learning First

Our CARES Values



Courage



Aspiration



Respect



Equality



Self Control

Message from the Headteacher

As usual we have had a busy week at Harrogate High School. Focus at the moment is particularly on the Year 11 cohort as we approach the all-important exam period. The GCSE Art practical exams start next week and so students are busy finalising their compositions and we held a whole year revision workshop to aid students with their preparation for the exams, which we hope they found useful.

Our Year 9 Brilliant Club cohort have completed their 2000 word essays and have received their marks in 1-1 sessions with the PhD tutor, all of them being successful. Well done to all those students for taking part and thank you to Mr Hayes and Mr Coleman for leading on this.

Final preparation is underway for our submission to the Flower Show creative border competition. This project has involved over 50 students, from preparing mosaics posts, labelling, designing, willow weaving and growing seeds. We will share photos of the installation next week. We also have a mention on the RHS Website for our Campaign for School Gardening work. Please take a look [here](#).

Obviously this is just a very small selection of some of the work that has taken place in school this week - there is so much more I could mention! Thank you to all the staff for working so hard for our students.

Good luck to our year 10 students next week who go on work experience.

Wishing you all a happy weekend

Mr Gill
Head of Academy

"Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime"

– Maimonides



Dates for your Diary

April

22nd-26th	Yr 10 Work Experience
22nd to 26th	GCSE Art Exam
29th -3rd May	Spanish Speaking Exams

May

7th May	GCSE period begins Brilliant Club Graduation Newcastle University visit
14th May	Yr 8 Harrogate College Talk

June

5th June	Yr 8 HPV Vaccinations
10th June	Yr 6 Parents Info Evening
17th June	Yr 10 Mock Exams

July

3rd July	CARES Community Day 2
4th July	Yr 11 Prom
5th July	Sports Day
8th,9th, 10th	Yr 6 Transition Day
12th July	Reserve Sports Day
17th July	Rewards Fair
19th July	Students finish for summer

PSHCE Talking Points

As a result of parental feedback in the forum, we will now provide a half termly summary of the PSHCE Talking Points. These may be useful for parents to start conversations at home.

Year 7

This half term Year 7 will be learning about Healthy Lifestyles and looking at developing positive habits as well as avoiding negative habits. Some of this will be around lifestyle choices such as a healthy diet and physical activity but it will also explore some of the basic information and laws around alcohol, smoking, drugs, vaping and energy drinks. As well as chatting through some of these things at home with your child, why not also look at how you could adopt a new positive habit such as a well-being walk on a weekend or exploring and cooking healthy recipes together?



Year 8

Aspiration is one of our CARES values and this half term is a wonderful time for Year 8 to really embrace this value as they explore Career Possibilities this half term. This will link back to work they have done previously on their personal qualities and they will explore the use of Unifrog. Unifrog is a fantastic online resource that you could explore together at home, using it to identify different pathways and possibilities for academic and non-academic opportunities for life after HHS. This could lead to some exciting conversations with your child around their future goals!

Year 9

Physical Health is the next topic for Year 9 and this unit helps students focus on the positive association between physical health and mental health. You could continue these discussions at home by talking about how physical activity, sleep health and nutrition impact both physical and mental health. We also look at supporting emotional well being, the link between this and substance use and how to access support for stopping smoking.

Year 10

As Year 10 embark on the exciting opportunity of Work Experience, their PSHCE lessons focus on preparing for the world of work. Not only will they evaluate their placements, they will also look at how to put together applications, CVs and prepare for interviews. Why not talk to them about your experiences of applying for jobs and how you prepared for your working life?

Year 11

The exam season is drawing near and PSHCE is a valuable time for our Year 11 students as they are supported in planning their revision and revisit relaxation and stress management techniques. You could practise these techniques with them at home as well as discussing the revision tips they have been provided with in workshops and lessons.



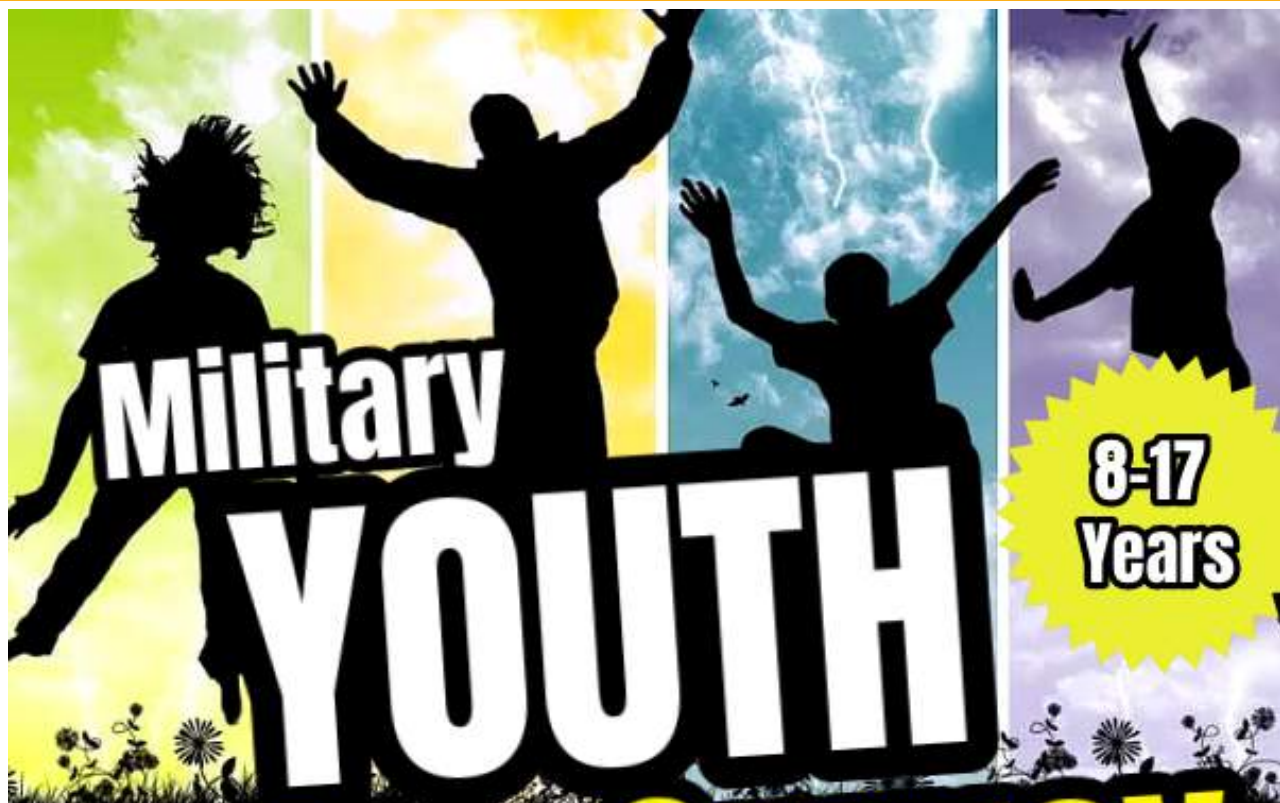
DEAR LESSONS

We will be starting a new genre called Diverse Voices in DEAR time. The text next week are:

Year 7 – The Curious Incident of the Dog in the Nighttime

Year 8 – Chinese Cinderella


Year 9 – I am Malala



Military YOUTH Voice Survey

**8-17
Years**

Your Voice Matters !!





Military Young People from across the UK came together to design this survey. Their idea is to gather as many voices as possible. Results will shape services, develop support and make a positive difference for all Military Young People.

SCAN THE CODE !!

<https://forms.office.com/e/MbX44R8RiN>

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