

Form Wellbeing Calendar:
Indonesia

Inspirational Quote:
“Focus on what’s good, even though today is tough!”



Week	Monday	Wednesday	Friday
1	Calendar planning	Listening to music	Drawing
2	Origami	Riddles	Class positivity jar
3	Form quiz	Doodling	Bullet-list
4	Team Pictionary	Dingbats	Doodling
5	Reading	Origami	Bullet-list
6	Listening to music	Drawing	Dingbats