

KS3 Website Curriculum Overview 21/22



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Health and Wellbeing Transition and safety: Transition and Change Changing friendships and respect Toxic friendships	Relationships Diversity: Diversity and prejudice Stereotyping and Racism Bullying	Living in the wider world Internet Safety Internet Safety (social media)	Health and Wellbeing Physical Health and Changing Bodies: Puberty (Physical and Emotional changes) (FGM) Physical Hygiene	Living in the wider world Financial decision making: Saving money Budgeting Financial choices	Relationships Building Relationships: Self-worth and self-esteem Romantic relationships Boundaries Sexual harassment
Year 8	Relationships Discrimination: Respect Discrimination in all its forms (diversity, inclusion, equality, prejudice, homophobia, transphobia) Equality Act, 2010	Health and Wellbeing Drugs and alcohol: What is mental health? Drug and alcohol use Smoking/Vaping	Living in the wider world Digital Literacy Digital literacy (x5 lessons) Online gambling/addiction	Health and Wellbeing Emotional Wellbeing: Mental health Improving emotional wellbeing Body image Self-harm and eating disorders Stress Peer pressure	Living in the wider world Careers and work Career options Skills and qualities Career's support	Relationships Identity and Relationships: Gender identity Nude photographs Introduction to contraception Teenage pregnancy
Year 9	Relationships Respectful Relationships: Respect Families: long term commitments The legal status of marriage Parenting Managing conflict	Health and Wellbeing Peer Influence: Healthy and unhealthy friendships Gangs and antisocial behaviour Knife crime Young offenders Safeguarding mental health during periods of change (anxiety and stress)	Living in the wider world Employability skills: Employability and online platforms/ presence Preparation for KS4 Options	Health and Wellbeing Healthy Lifestyle: Diet and exercise (inc. energy drinks) Sleep Lifestyle balance First Aid Personal Safety	Living in the wider world Extremism and radicalisation Belonging in communities (extremism, radicalisation and the law)	Relationships Intimate Relationships: Sex and consent Attitudes to pornography Contraception and STIs Sexual Health (where to go for support)