

Welcome to the Harrogate High School Family!

We are delighted to welcome Parents/ Carers and new Year 7 students into our school community.

Thank you to all the parents who came to our Information Evening. It is really important that we have a close relationship with parents so together, we can help your child strive for the best education they can and achieve the most out of their time at Harrogate High School. Knowing what is expected of them, wearing the correct uniform, owning the right equipment and having an insight into how the school operates , can really help to get them off to a flying start.

Please find the time to look through all the information that is provided. If you were not able to attend on this occasion, the year 7 information pack can be found <u>here</u> on the website. The link to the Headtacher's welcome video can also be found <u>here</u>.

Welcome to our Reading Ambassadors

Reading is very important at Harrogate High School. We know that children who read regularly at home perform better at school. Our Reading Ambassadors provide a voice in how we can better promote reading throughout the school.

Our Reading Ambassadors have been chosen for their love of reading, their willingness to share this passion with others and enthusiasm to promote reading. They will be there to help you when you visit the school library, guide you in your book choices and support you when completing the HHS Reading Challenge.



Useful Information for Parents

Moving Up! The transition to secondary school: animation & teacher toolkit (annafreud.org)

Important dates for your diary

Tuesday 6th June 2023	Data Collection Form Issue Day
w/c Monday 12th June 2023	Headteacher's Welcome Video
Monday 12th June 2023	Parent Information Evening
w/c 12th June 2023	Literacy Project Launch
Thursday 29th June 2023	Data Collection Deadline
Wednesday 19th July 2023	Student Q & A with the Headteacher
Thursday 24th August 2023	Year 7 SLT Link Live
10th, 11th and 12th July	Transition Days
Wednesday 6th Sept	First Day of Term

Learning First @ Harrogate High

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Secondary School Transition

Is your child worried about starting secondary school?

Do you want to know what you can do to support?

Join us for an information webinar for parents & carers on managing change and your child's worries and anxieties.

Dates and Times

Friday 18th August ~ 10 -11am Tuesday 22nd August ~ 6 - 7pm Wednesday 30th August ~ 4 - 5pm

Location Online

Information

Please email <u>tewv.wellbeinginmind@nhs.net</u> to register your interest and to receive your session link.

Wellbeing in Mind Team - We are a team of NHS staff working with school staff providing advice, support and training on wellbeing issues as well as forming a link between the school and other services supporting young people. This work includes direct support for young people experiencing mild to moderate difficulties such as anxiety and low mood. Support to utilise online resources and develop skills as well as classroom-based education sessions in conjunction with the school's pastoral team to improve knowledge and understanding about wellbeing.

Looking for Someone to Talk to or for Advice?



PARENT DROP IN

Please book in for a drop in every Friday during term time **11am-12:30pm** with George Dickinson Family Support and Wellbeing.

The list of topics to offer support varies, but an example includes:

- Sleep issues
- Concerns over gaming
- Managing conflict with my
 teenager
- Signposting to services to help with financial issues
- Worries about low mood, anxiety and other wellbeing concerns

- Managing stress
- Internet bullying
- Understanding my child's anger
- Someone to talk to about supporting my teenager



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